

Your doctor has prescribed Cyclogest® as part of your fertility treatment.
This information will guide you why and how to use Cyclogest®.

What is Cyclogest®?

Cyclogest® is a pessary containing progesterone – a natural female sex hormone produced by your body, mainly in the ovaries. Cyclogest® is prescribed to women who need extra progesterone while undergoing an assisted fertility treatment. After administration of Cyclogest® in the vagina, Cyclogest® pessaries provide a consistent and localised release of progesterone into the lining of the womb. Once the embryo is implanted via IVF, progesterone can help it grow and develop.

How to use Cyclogest®?

Always use Cyclogest® according to instructions from your doctor or nurse.

1

Unpack Cyclogest®

With clean hands, remove the Cyclogest® pessary from the packaging.

2

Insert Cyclogest®

For vaginal insertion, place the pessary between the lips of the vagina, and push the pessary upwards. You may find it easier to do this if you are lying down or squatting.

3

Let the pessary work

Once inserted, the Cyclogest® pessary will slowly melt and gradually release the progesterone which is then absorbed by the lining of the womb where it is needed. You may experience some product leakage after the Cyclogest® pessary has dissolved but be assured that this is quite normal for medicines that are inserted vaginally. Some women may use panty liners to assist with this.



How to store Cyclogest®?

Do not store Cyclogest® above 30°C.

If you forget to insert Cyclogest®

Your doctor or nurse has instructed you when to insert Cyclogest®. The recommended dose is twice daily – in the morning and at bedtime. If you forget to insert a pessary, do so as soon as you remember, unless it is nearly time for the next dose. Never use two doses together to compensate for the forgotten dose. Remember to use the remaining doses at the correct time.

Read all of the package leaflet carefully before you start using this medicine because it contains important information for you. If you have further questions or get any side effects, talk to your doctor, pharmacist or nurse.

Special warnings and precautions for use

Take special care and tell your doctor straight away if you experience any of these symptoms during treatment or even few days after the last dosage: pains in the calves or chest, a sudden shortness of breath or coughing blood, severe headache or vomiting, dizziness, faintness, or changes in vision or speech, weakness or numbness of an arm or leg, worsening of depression. Take special care if driving or using machines since Cyclogest® may cause dizziness.

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